## SWAMI SAKSHIJI'S CLASS AT AVG

Swami Sakshatkrtananda taught Swayam Jyotir Brahmanam to the long term course students at AVG, Anaikatti on Jan 12, 2017.

Swayam Jyotir Brahmanam is the third section of the fourth chapter titled Muni Kandam of Brhadaranyaka Upanisad.

This is in the form of dialogue between Janaka and Sage Yajnavalkya. This section has been named Swayam Jyotir brahmanam because Atma is revealed as the 'self-effulgent one' as 'Swayam Prakasa or Swayam Jyoti'

Janaka asked 'Bho! Yajnavalkya! What is the light with the help of which the human being transact their business with the



Swamiji being honoured

world?' Yajnavalkya answered that the Sun is the light or Adhitya Jyoti with the help of which one does all the transactions.

Janaka asked his second question. What happens when the Sun sets in the west? Where from one gets light for transacting the business after the sunsets? Yajnavalkya answered that one gets the light from the moon or Chandra Jyoti.

Janaka asked his third question. With what light one transacts when both sun and moon are not available? Yajyavalkya answered that one gets the light from Agni Jyoti.

Janaka asked his fourth question. With what light one transacts when there is absence of sun, moon and agni? Yajyavalkya answered that one uses sound or Sabda Jyoti.

Even when these lights are not there, self shining Atma shines as the light. In waking state we have the external light and atma jyoti. So we are not clear which gives light. In dream state we have no external light, but have only atma jyoti. Because of the light of the Consciousness alone, we transact business in the dream state. Hence Upanisad uses dream state to reveal Swayam Jyoti Atma. Yajnyavalkya told that without depending upon any other external light Atma alone becomes the light. Therefore Atmana eva Jyoti. Sri Adi Sankara has given the essence of this section in one sloka titled Eka Sloki.

All the Teachers of Pujya Swamiji's guru parampara have one thing in common. They all convey the vision with oneness with total commitment. But each one of them embellishes that with their individual communication skills.

The vibhuti of Swami Sakshiji can be inferred from his quotes and explanations from the Brhadaranyaka Upanisad without referring to any text. The students were impressed by his commitment to study and teach Sastra.

-Report by N. Avinashilingam

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